

**Agents of Change — Mission: Multiples
55TH ANNUAL IOMOTC CONVENTION****CONVENTION FUNDRAISER****CALLING ALL CHEFS!**

We're making a cookbook of **Family-Tested Recipes from the Front Lines** – parents with multiples! We need **you** to help us build it.

All recipes are due by **5/27** to meet the press deadline

Please submit 3-5 of your favorite recipes. And then get 3-5 of your fellow club members to do the same. The more we get, the better the cookbook!

We are all busy and all looking for new ideas of things to make...let's build a resource we can all share. Watch for updates on how you'll be able to buy your very own copy!

To Submit Recipes Online:

- Go to www.typensave.com and click 'Login.'
- Enter the User Name: **IOMOTC2017**
- Enter the password: **IOMOTCcooks** and click 'Submit.'
- Enter your name and click 'Continue.'
- Click 'Add Recipes' to begin adding your recipes.

Recipe Writing Tips:

- When adding recipes, review the "Tips" and use standard abbreviations.
- Only enter 1 ingredient per ingredient line.
- List ingredients in order of use in the ingredients list and directions.
- Include container sizes, e.g., (16-oz.) pkg., (24-oz.) can.
- Write directions in paragraph form, not in steps.
- Use names of ingredients in the directions, e.g., "Combine flour and sugar." DO NOT use statements like, "Combine first three ingredients."
- Include temperatures and cooking, chilling, baking, and/or freezing times.
- Additional comments about the recipe (history, nutritional data, suggested uses, etc.) should be put in the "Recipe Note" field.

**COOKBOOK
SPECIAL**

Get 1 free
Spring Workshop
raffle ticket for
every* recipe
entered by
9:59pm 4/21!

**max. 3 tickets, not-transferable*

Questions? Contact MaryCarol Liethen, Cookbook Chair
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